

TFS PARENT AND CARER LEARNING

Knowledge, skills and mental health innovation that enable parents and carers to support pupil wellbeing, social cognition and educational competence

AIM: To diminish the difference

By training and supporting parents, and carers, to confidently and actively

- support their children in acquiring the skills to manage, both academically and behaviourally, in the classroom
- promote pro-social skills to enable their child to be part of the school community, in accordance with British core values .
- be involved directly in safeguarding issues concerning their own children
- be better informed about their children's special educational needs, disabilities and mental health issues
- have a better understanding of EHCPs (Education of Health and Care Plan – multidisciplinary assessment of children)

10-session Core Curriculum to improve understanding of Wellbeing and Pupil Progress

- Children's problems and difficulties – scope and limitation of diagnoses
- Understanding and Spotting the Physical and Psychological signs of stress - learning best practice in supporting children in high states of arousal and distress
- Understanding and interpreting emotions and mental states
- Spotting signs of marginalisation, racism and risk of radicalisation
- Challenging behaviours – their origins and management
- Improving executive functions (*concentration and attention, inner state control, working memory, problem solving*)
- Understanding child development
- Developing empathy and other pro-social qualities
- Building mutual respect and trust
- Implementing rules and boundaries



Nearly 1 in 10 pupils in schools experience problems associated with their wellbeing



Desired pupil outcomes

1. Increased academic achievement, as evidenced by School Information Management System
2. Improved attendance, as evidenced by register
3. Improved behaviour, as evidenced by behaviour-for-learning scores and exclusion status
4. Improvement in pro-social skills at home, in the classroom and in the wider community

Desired parent outcomes

1. Confidence in their ability to contribute to the sustainability of pupil progress
2. Enhanced employment skills

The long- term outcomes to be evaluated by comparing the pupils whose parents attend Parent Learning with those whose parents do not attend

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Parents supporting the mental health and wellbeing of our pupils so they can aspire to a fantastic future.



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In *The Family School* parents promote pro-social skills to enable their child to be part of the school community, in accordance with British core values



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